



**Job Title:** Licensed Massage Therapist – Part Time

### **Job Summary**

FYZICAL Therapy & Balance Centers | Granger is a medical based fitness and wellness facility offering Group Fitness, Personal Training, Massage, Physical Therapy Services, and so much more. Every day, we empower individuals to take control of their recovery and wellness through direct access to holistic products and services. Our current facility has been established in the Michiana Area for over 20 years. We are now relocating to a new, State-of-the-Art facility to facilitate health, fitness, and recovery in our community. Join us!

### **Mission, Values, and Service Goals**

- **Mission:** Every day, we empower individuals to take control of their recovery and wellness through direct access to physical therapy, balance protocol, fitness, wellness, and healthy lifestyle products and services.
- **Vision:** To be the most trusted, accessible entry point for wellness and health.
- **Core Values:** Innovative Programs, Holistic Perspective Open Arms Philosophy
- **Brand Promise:** At FYZICAL, we create connections, delivering more than treatments and fitness plans. Connecting is the way to Love Your Life.

### **Job Responsibilities**

- Massage soft body tissues to relieve discomfort and provide treatment for injuries, wellness maintenance or medical conditions.
- Apply pressure to specific parts of the body with the hands and fingers to release muscle tension and bring relief from related symptoms.
- Discuss client concerns, medical histories and specific stresses or pains to develop the most effective approach to massage treatment.
- Meet with clients, in office, to provide treatments.
- Develop personalized treatment plans for individual clients that specify massage types, treatment areas and treatment frequency.
- Propose final treatment plans to clients and implement them only after client acceptance and agreement.
- Refer clients to other professionals and therapists when appropriate and necessary to treat additional symptoms.
- Prepare oil blends for clients' skin and perform other treatment techniques and therapies in addition to massage.

## Education and Experience

- The knowledge, skills and abilities as indicated below are normally acquired through the successful completion of an Associate's degree or a Bachelor's degree along with successful completion of an accredited massage therapy certificate program requiring a minimum 500 hours of instruction plus supervised clinical hours.
- 1 year of professional massage experience), is preferred.
- Active and valid Indiana State Board of Massage Therapy license is required. A current St. Joseph County Health Department Massage Therapist permit is required; maintaining the permit will also be required.

## Knowledge and Skills

- Requires technical knowledge and expertise necessary to provide therapeutic and relaxation massage treatments to recipients.
- Requires strong knowledge of medical terminology, anatomy, and physiology in order to perform and communicate massage assessments and treatments with recipients.
- Requires current CPR/AED certification and First Aid Certification or arrangements to be certified within the first three months of employment.
- Demonstrates the interpersonal and communication skills (both verbal and written) necessary to interact effectively with a diverse group of massage recipients in a professional, courteous, friendly, and sincere manner.
- Ability to work within a team environment.

## Required:

- Hold current state massage therapy license
- Adhere to all current regulations and laws related to massage therapy
- Ability to handle sensitive client information with confidentiality
- Ability to pass a background check
- Demonstrates knowledge of and a commitment to FYZICAL Therapy & Balance Center's mission, values, and brand promise.
- Ability to comply with FYZICAL's proprietary PTRx model.

## Compensation and Benefits:

- \$25 - \$35 per hour.
- Incentive Program for sales and growth.
- Discounts on retail products and services.